Fitness for Life (FFL) Selection Step-By-Step Guide

1. Log into student portal – **myNYP Portal** (**https://mynypportal.nyp.edu.sg**) – using:
   - Log-in ID: Your NYP email address
   - PW: Your Password

2. Once you are logged into the Student Portal, go to **Academic Services** -> **Modules/Competency Units and Electives -> Register Modules/Competency Units.**

3. You will see the list of Sports & Wellness Activities available for your selection in the following screen:

Admission No. : 153358R (NAME OF 153358R)
Course : BMDF01 (DIPLOMA IN BUSINESS MANAGEMENT AND GAMES DEVELOPMENT)
Tutorial Group : BM1511   Flip Flop Group : A   Specialisation : N.A.   SubCode : 22

Course Details *(Click on Course Details to expand/collapse.)*

To register a new module, choose a module group from the drop down list and click the [Add] button.
Module with no vacancy will not be available for selection.

Module Code - Module Groups (Module Description)	
	Add

BMX102 - BMX102-BM (FITNESS FOR LIFE-THIS IS A PASS/FAIL MODULE)
BMX102 - BMX102-FR (FITNESS FOR LIFE-THIS IS A PASS/FAIL MODULE)
BMX102 - BMX102-SQ (FITNESS FOR LIFE-THIS IS A PASS/FAIL MODULE)
BMX102 - BMX102-SS (FITNESS FOR LIFE-THIS IS A PASS/FAIL MODULE)

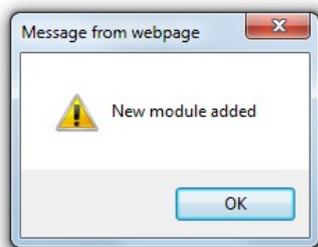Click the [Exit] button to leave the e-Online Module Registration Screen.   Exit
Please [Print] your Timetable after completing Module Registration.

Copyright © 2015 Nanyang Polytechnic, Singapore. All rights reserved. **Privacy Statement**
Last updated on 01 Nov 2003

4. The latest list of activity options is summarized below for your reference:

Activity	Module Group Code
Ultimate Frisbee	UF
Soccer	SR
Badminton	BM
Volleyball	VB
Table Tennis	TT
Dance	DA
Cardio Kickboxing	KB
K-Kardio	KK
Yoga	YG

5. Upon clicking on the [Add] button, the system will prompt with the following message:

Message from webpage

⚠ New module added

OK

6. If you wish to change your selected activity, click on the [Drop] button. After that, you may reselect your preferred activity using the [Add] button again.

7. Once the creation of record is successful, you should be able to view the FFL activity registered as follows:

8. Click [Exit] to move back to the main page in student portal.

9. Please check your timetable around one week before the start of the semester to find out the FFL activity that you have been allocated to.

   To view your timetable, go to the student portal and select **Academic Matters** -> **Timetables and Exams** -> **View Individual Timetable**.

10. Enter the Intake/Acad Yr & Semester for enquiry. Click [Submit] button to proceed.

11. You should be able to see the FFL activity selected in your timetable as below:

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Ⓢ 0900 - 0950	WEEK 1-8 BMX102 LECBM BCCM AH NYP AH					

End of Guide