

LifePRO Unit Framework for all Year 1 learners in AY2026

Launch of LifePRO

To provide an all-rounded educational experience, NYP offers a new LifePRO Unit (LPU) framework for all incoming learners from AY2026 onwards. This means that besides taking diploma learning units related to your chosen area of discipline, you will have the opportunity to be exposed to areas beyond your field of study.

Through a combination of prescribed and elective LPUs, you will gain interesting, practical knowledge and level up your life skills competencies. These can be beneficial to you as you prepare for the world of work and life after graduation.

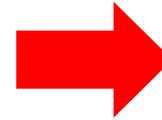


What this means to you?

You will be the first cohort to experience the **LifePRO Unit framework** from AY2026.

LifePRO offers a streamlined learning structure that **free up about 60 curriculum hours**, giving you greater flexibility to explore opportunities under our new initiatives, **Go Beyond** through the Professional, International and University pathways.

LifePRO places greater emphasis on developing LifeSkills that complement your diploma studies.



	For all Year 1s in AY2026
Year 1	<ul style="list-style-type: none">• Fitness for Life (2 CUs)• Personal Career Strategy 1• Elective 1
Year 2	<ul style="list-style-type: none">• Understanding Singapore (2 CUs)• Personal Career Strategy 2• Respect in Relationships
Year 3	No LPU
Total	Total Hrs: 120 Total Credits: 8

Registering For LifePRO Units (LPUs) Using **LEXIS Selection System** For Year 1 Learners



1. LPU Requirements and Delivery Mode

LPU Framework for **ALL Year 1**

Year 1

- **2 Prescribed LPUs**
 - Fitness for Life (2 credits)
 - Personal Career Strategy 1 (1 credit)
- **1 Elective LPU (AOL)**

Year 2

- **3 Prescribed LPUs**
 - Personal Career Strategy 2 (1 credit)
 - Respect in Relationships (1 credit)
 - Understanding Singapore (2 credit)

Year 3

- **No LPUs**

LPU Requirements for Year 1 Learners

Year 1 learners will take either:

- 1. Fitness for Life (FFL)**
- 2. Personal Career Strategy 1 (PCS1) and One Elective LPU**
 - You will be automatically registered for PCS1 if you are taking this learning unit in this semester.
 - Please check with your Course Manager if you are unsure about the number of LPUs that you need to fulfil.

LPU Requirements for Year 1 Learners

- All elective LPUs will be **asynchronous** lessons, but will appear on your timetable on Fri 5 – 6pm.
- All elective LPU lessons will **commence in Week 2** and **end by Week 16**.

2. LPU Selection Process

LPU Selection Process

- Year 1 learners will pre-select a certain number of your desired elective LPU choices by using **LifePRO EXploration & Information System (LEXIS)**.
- You will be registered for learning units by **LEXIS**, subject to the following factors:
 - The **order of your choices**
 - **Demand and availability** of the learning units that you have selected

LPU Selection using LEXIS Selection System

4 Easy Steps

1



**Access
MyNYP
Portal**

2



**Make Your
Choices**

3



Submit

4

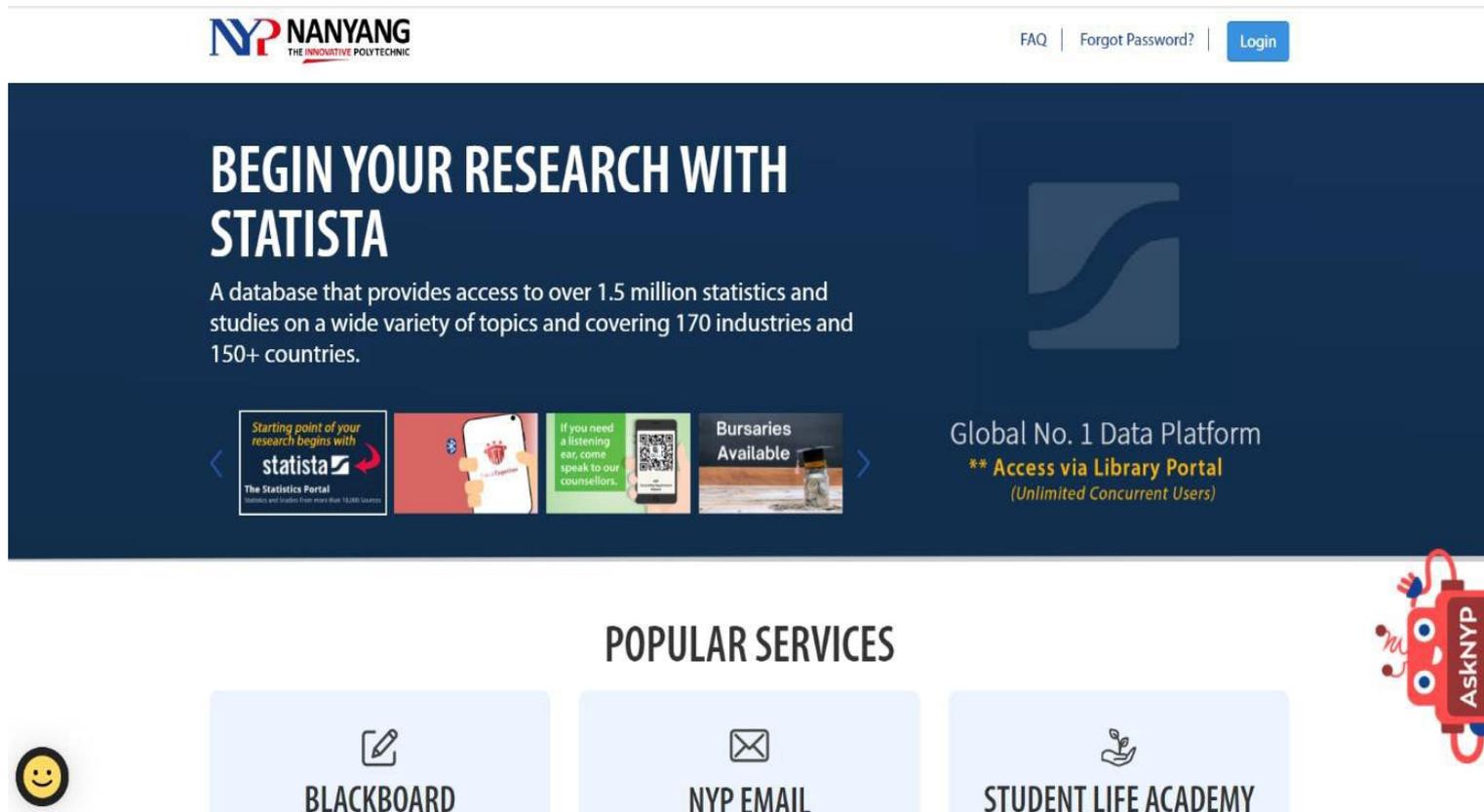


**Wait For
Posting
Results**

3. How to Select LPUs

Access MyNYP Portal

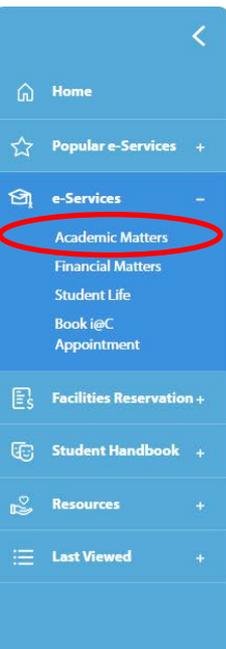
- Once the selection exercise is open, log into the student portal - **myNYP Portal** - with your log-in ID and password



The screenshot shows the myNYP Portal homepage. At the top left is the NYP Nanyang logo with the tagline 'THE INNOVATIVE POLYTECHNIC'. To the right are links for 'FAQ', 'Forgot Password?', and a 'Login' button. The main banner features the text 'BEGIN YOUR RESEARCH WITH STATISTA' and a description: 'A database that provides access to over 1.5 million statistics and studies on a wide variety of topics and covering 170 industries and 150+ countries.' Below this is a carousel of four promotional cards: 'Starting point of your research begins with statista', 'If you need a listening ear, come speak to our counsellors.', 'Bursaries Available', and 'Global No. 1 Data Platform'. To the right of the carousel, it says '** Access via Library Portal (Unlimited Concurrent Users)'. Below the banner is a 'POPULAR SERVICES' section with three buttons: 'BLACKBOARD' (with a smiley face icon), 'NYP EMAIL' (with an envelope icon), and 'STUDENT LIFE ACADEMY' (with a plant icon). On the right side of the page is a red robot character with 'AskNYP' written on its side.

Access MyNYP Portal

- Once you are logged into the Student Portal, go to:
e-services > Academic Matters > Course Related



Home / Dashboard / Academic Matters

Academic Results

Proceed

Submit Statement of Absence

Proceed

Transcripts and Certificates

Proceed

Course Related

Proceed

Student Attendance System

Launch

Timetables and Exams

Proceed

2

Access MyNYP Portal

- Next, click on **Select LifePRO Learning Units > Proceed**

The image displays a grid of 12 navigation cards for the MyNYP portal. Each card has a title, a description, and a 'Proceed' button. The card for 'Select LifePro Learning Units' is circled in red and labeled with a red '3'.

Card Title	Description	Action
Register Learning Unit(s)	To register learning unit(s).	Proceed
View Learning Unit(s)	To view learning unit(s) registered for this semester.	Proceed
View Personal Mentor & Tutors	To view contact details of your personal mentor and learner unit tutors.	Proceed
Select Specialisation	To select specialisation programmes or electives for semester.	Proceed
Select Fitness for Life Learning Units	To select Fitness for Life Learning Units	Proceed
Select Pgm Prescribed Learning Unit(s)	To select pgm prescribed elective learning units	Proceed
Request for withdrawal from Learning Unit(s)	To apply for withdrawal from learning unit	Proceed
Request for Course Deferment	To request for course deferment	Proceed
Request for Course Transfer	To request for transfer of course	Proceed
3 Select LifePro Learning Units	To select LifePro Learning Units	Proceed

Make Your Choices

- You will then find yourself in LEXIS, where you are given **8 choices** to select your desired LPUs in descending order of preference (no. 1 being your most preferred, no. 2 being your next preferred and so on).
- All LPUs will be **asynchronous** lessons but **will appear on your timetable on Fri 5 – 6pm.**

Choice	Module Code-Module Name(Cluster Description)	Time Slot	Instructions
<input type="text" value="1"/>	<input type="text" value="Introduction to French Language"/> <input type="button" value="v"/>	<input type="text" value="FRI 5-6PM"/>	<input type="text"/>
<input type="text" value="2"/>	<input type="text" value="Discovering Korean Culture & Society"/> <input type="button" value="v"/>	<input type="text" value="FRI 5-6PM"/>	<input type="text"/>
<input type="text" value="3"/>	<input type="text" value="Discovering French Culture & Society"/> <input type="button" value="v"/>	<input type="text" value="FRI 5-6PM"/>	<input type="text"/>
<input type="text" value="4"/>	<input type="text" value="Discovering Vietnamese Culture & Society"/> <input type="button" value="v"/>	<input type="text" value="FRI 5-6PM"/>	<input type="text"/>
<input type="text" value="5"/>	<input type="text" value="Introduction to Japanese Language"/> <input type="button" value="v"/>	<input type="text" value="FRI 5-6PM"/>	<input type="text"/>
<input type="text" value="6"/>	<input type="text" value="Introduction to German Language"/> <input type="button" value="v"/>	<input type="text" value="FRI 5-6PM"/>	<input type="text"/>
<input type="text" value="7"/>	<input type="text" value="Sustainability: Building a Better World"/> <input type="button" value="v"/>	<input type="text" value="FRI 5-6PM"/>	<input type="text"/>
<input type="text" value="8"/>	<input type="text" value="Introduction to Korean Language"/> <input type="button" value="v"/>	<input type="text" value="FRI 5-6PM"/>	<input type="text"/>

Submit Your Choices

- Your choices are considered successfully “submitted” once they are **saved**.
- After submitting, you can still log into LEXIS to make changes to your previous selection **before the closing date** of the selection exercise, after which all choices are considered **final**.

4. Important Information for LPU Selection

Making Your Submission

- You are given 8 choices to make your selection. Please ensure that you **complete all 8 choices** before submission.
- After submitting, you can still log into LEXIS to make changes to your selection before the closing date of the selection exercise, after which all choices are considered final.
- Do note that due to overwhelming demand for some learning units, learners may not be guaranteed their top choices.

Posting Results

- Allocation will be confirmed around **5pm on the Friday of the first week of the semester.**
- Please check and print your timetable to view the LPU that have been allocated to you.
- If there is any discrepancy in your LPU timetable, please inform your Personal Mentor or Course Manager.

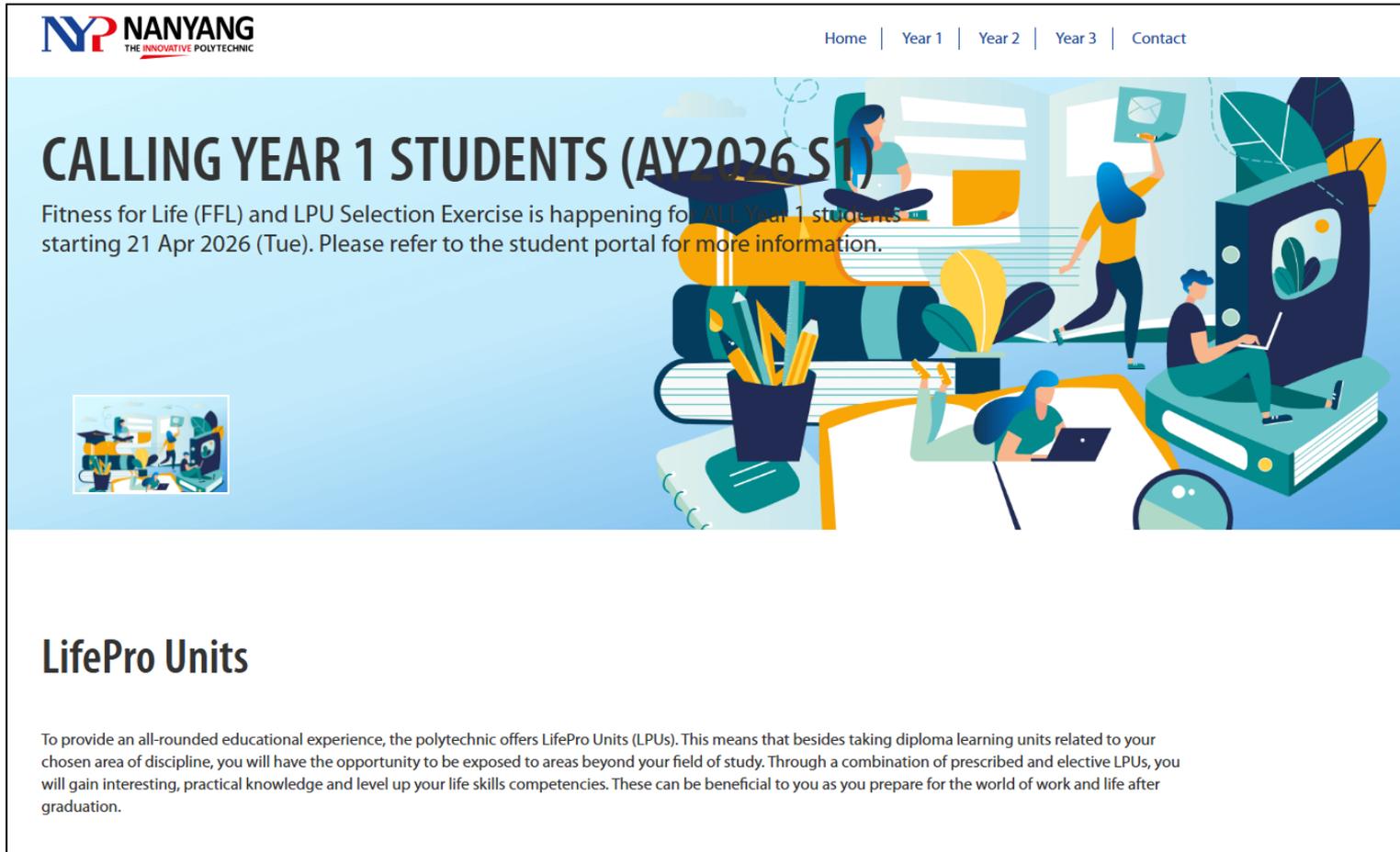
5. Dates of LPU Selection Exercise

LPU Selection Exercise Schedule

Activity	When
Start of Exercise	Tuesday, 21 Apr 2026, 11am
End of Exercise	Thursday, 23 Apr 2026, 11am

- You can log into LEXIS anytime during the exercise to select your preferred learning units.
- Please ensure that you submit your selection before the end of the exercise.
- Learners who did not participate in the selection exercise will be allocated any learning units with remaining vacancies after the main posting exercise.

- For more information on the LPUs, please visit the LPU Microsite at:
<https://mynypoportal.nyp.edu.sg/en/lpu.html>

The image is a screenshot of a web banner for Nanyang Polytechnic. At the top left is the NYP logo with the text 'NANYANG THE INNOVATIVE POLYTECHNIC'. At the top right are navigation links: 'Home | Year 1 | Year 2 | Year 3 | Contact'. The main heading is 'CALLING YEAR 1 STUDENTS (AY2026 S1)'. Below it is a paragraph: 'Fitness for Life (FFL) and LPU Selection Exercise is happening for ALL Year 1 students starting 21 Apr 2026 (Tue). Please refer to the student portal for more information.' The background features a colorful illustration of students studying, with books, a laptop, and a graduation cap. A small inset image on the left shows a group of students in a classroom setting.

NYP NANYANG
THE INNOVATIVE POLYTECHNIC

Home | Year 1 | Year 2 | Year 3 | Contact

CALLING YEAR 1 STUDENTS (AY2026 S1)

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LifePro Units

To provide an all-rounded educational experience, the polytechnic offers LifePro Units (LPUs). This means that besides taking diploma learning units related to your chosen area of discipline, you will have the opportunity to be exposed to areas beyond your field of study. Through a combination of prescribed and elective LPUs, you will gain interesting, practical knowledge and level up your life skills competencies. These can be beneficial to you as you prepare for the world of work and life after graduation.

Thank You