

LifePRO Unit Framework for all Year 1 learners in AY2026

Launch of LifePRO

To provide an all-rounded educational experience, NYP offers a new LifePRO Unit (LPU) framework for all incoming learners from AY2026 onwards. This means that besides taking diploma learning units related to your chosen area of discipline, you will have the opportunity to be exposed to areas beyond your field of study.

Through a combination of prescribed and elective LPUs, you will gain interesting, practical knowledge and level up your life skills competencies. These can be beneficial to you as you prepare for the world of work and life after graduation.

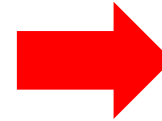


What this means to you?

You will be the first cohort to experience the **LifePRO Unit framework** from AY2026.

LifePRO offers a streamlined learning structure that **free up about 60 curriculum hours**, giving you greater flexibility to explore opportunities under our new initiatives, **Go Beyond** through the Professional, International and University pathways.

LifePRO places greater emphasis on developing LifeSkills that complement your diploma studies.



	For all Year 1s in AY2026
Year 1	• Fitness for Life (2 CUs) • Personal Career Strategy 1 • Elective 1
Year 2	• Understanding Singapore (2 CUs) • Personal Career Strategy 2 • Respect in Relationships
Year 3	No LPU
Total	Total Hrs: 120 Total Credits: 8

Registering For LifePRO Units (LPUs) Using **LEXIS Selection System** For Year 1 Learners



1. LPU Requirements and Delivery Mode

LPU Framework for **ALL Year 1**

Year 1

- **2 Prescribed LPUs**
 - Fitness for Life (2 credits)
 - Personal Career Strategy 1 (1 credit)
- **1 Elective LPU (AOL)**

Year 2

- **3 Prescribed LPUs**
 - Personal Career Strategy 2 (1 credit)
 - Respect in Relationships (1 credit)
 - Understanding Singapore (2 credit)

Year 3

- **No LPUs**

LPU Requirements for Year 1 Learners

Year 1 learners will take either:

- 1. Fitness for Life (FFL)**
- 2. Personal Career Strategy 1 (PCS1) and One Elective LPU**
 - You will be automatically registered for PCS1 if you are taking this learning unit in this semester.
 - Please check with your Course Manager if you are unsure about the number of LPUs that you need to fulfil.

LPU Requirements for Year 1 Learners

- All elective LPUs will be **asynchronous** lessons, but will appear on your timetable on Fri 5 – 6pm.
- All elective LPU lessons will **commence in Week 2** and **end by Week 16**.

2. LPU Selection Process

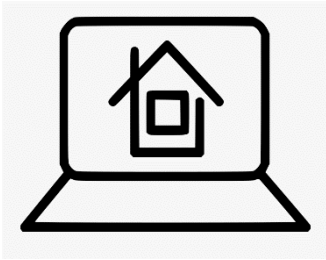
LPU Selection Process

- Year 1 learners will pre-select a certain number of your desired elective LPU choices by using **LifePRO EXploration & Information System (LEXIS)**.
- You will be registered for learning units by **LEXIS**, subject to the following factors:
 - The order of your choices
 - Demand and availability of the learning units that you have selected

LPU Selection using LEXIS Selection System

4 Easy Steps

1



**Access
MyNYP
Portal**

2



**Make Your
Choices**

3



Submit

4

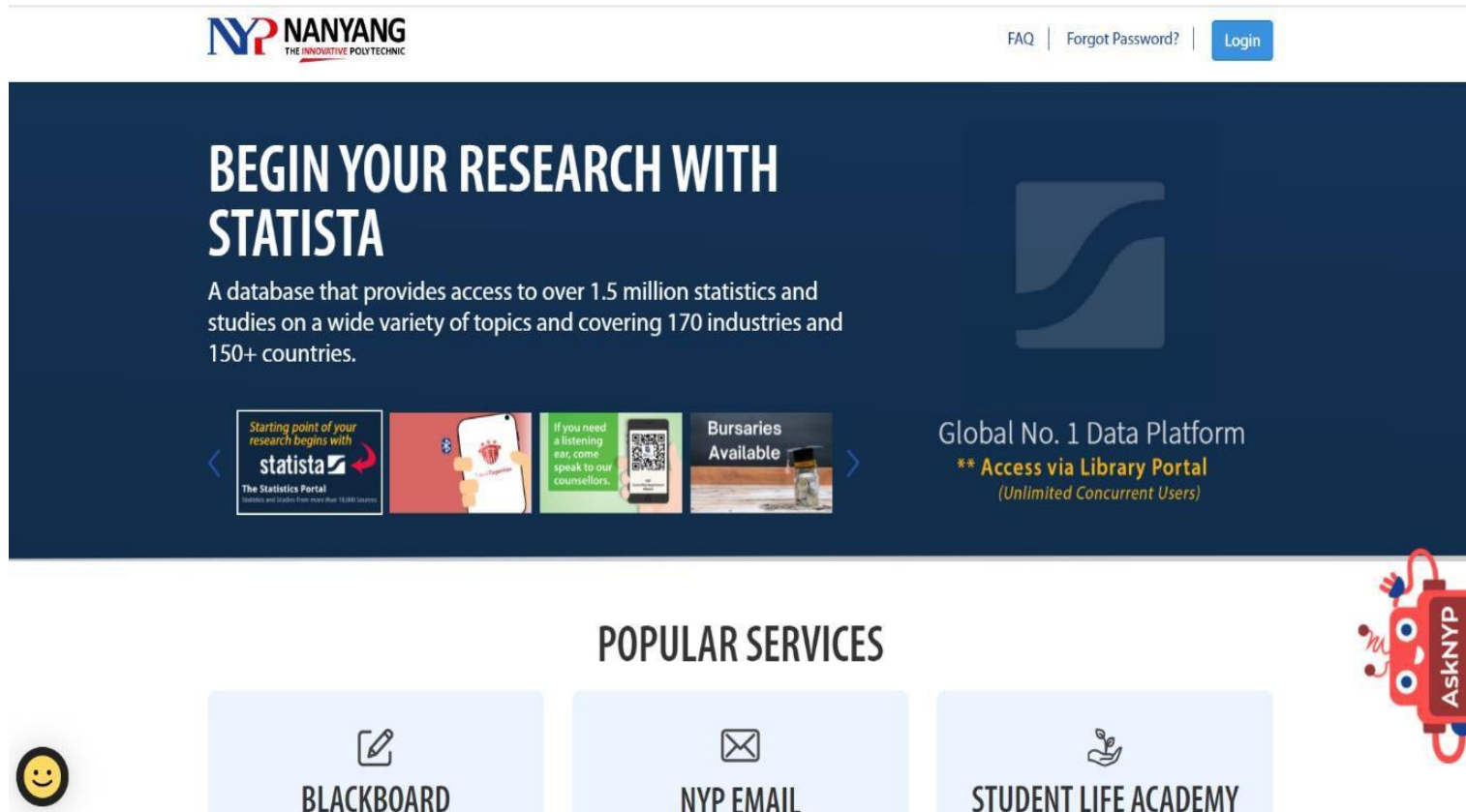


**Wait For
Posting
Results**

3. How to Select LPUs

Access MyNYP Portal

- Once the selection exercise is open, log into the student portal - **myNYP Portal** - with your log-in ID and password



The screenshot displays the Nanyang Polytechnic website. At the top, the NYP logo and name are on the left, and links for FAQ, Forgot Password?, and a Login button are on the right. The main banner features the text "BEGIN YOUR RESEARCH WITH STATISTA" and describes a database with over 1.5 million statistics. Below this, there are four small promotional images: "Starting point of your research begins with statista", a hand holding a NYP card, "If you need a listening ear, come speak to our counsellors.", and "Bursaries Available". To the right of these images, it says "Global No. 1 Data Platform" and "** Access via Library Portal (Unlimited Concurrent Users)". At the bottom, a "POPULAR SERVICES" section includes icons and labels for Blackboard, NYP Email, and Student Life Academy. A red robot character with a speech bubble saying "AskNYP" is positioned on the right side of the services section.

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FAQ | Forgot Password? | Login

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POPULAR SERVICES

 BLACKBOARD

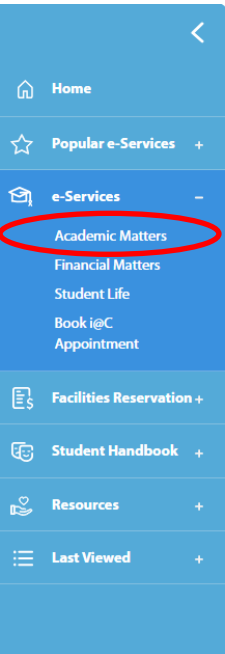
 NYP EMAIL

 STUDENT LIFE ACADEMY

AskNYP

Access MyNYP Portal

- Once you are logged into the Student Portal, go to:
e-services > Academic Matters > Course Related > Select LifePRO Learning Units (Year 1) > Proceed



Home / Dashboard / Academic Matters

Academic Results

Proceed

Submit Statement of Absence

Proceed

Transcripts and Certificates

Proceed

Course Related

Proceed

Student Attendance System

Launch

Timetables and Exams

Proceed

Select LifePro Learning Units (Year 1)

To select LifePro Learning Units

Proceed

Make Your Choices

- You will then find yourself in LEXIS, where you are given **9 choices** to select your desired LPUs in descending order of preference (no. 1 being your most preferred, no. 2 being your next preferred and so on).
- All LPUs will be **asynchronous** lessons but **will appear on your timetable on Fri 5 – 6pm.**

Choice	Module Code-Module Name(Cluster Description)	Time Slot	Instructions
1	Introduction to French Language v	FRI 5-6PM	
2	Discovering Korean Culture & Society v	FRI 5-6PM	
3	Discovering French Culture & Society v	FRI 5-6PM	
4	Discovering Vietnamese Culture & Society v	FRI 5-6PM	
5	Introduction to Japanese Language v	FRI 5-6PM	
6	Introduction to German Language v	FRI 5-6PM	
7	Sustainability: Building a Better World v	FRI 5-6PM	
8	Introduction to Korean Language v	FRI 5-6PM	

Submit Your Choices

- Your choices are considered successfully “submitted” once they are **saved**.
- After submitting, you can still log into LEXIS to make changes to your previous selection **before the closing date** of the selection exercise, after which all choices are considered **final**.

4. Important Information for LPU Selection

Making Your Submission

- You are given 9 choices to make your selection. Please ensure that you **complete all 9 choices** before submission.
- After submitting, you can still log into LEXIS to make changes to your selection before the closing date of the selection exercise, after which all choices are considered final.
- Do note that due to overwhelming demand for some learning units, learners may not be guaranteed their top choices.

Tie-Breaker / Balloting Mechanism

What Happens When an LPU is Oversubscribed?

Some LPUs are in high demand and may have more learners selecting them than there are available places.

When this happens, **allocation is determined by a balloting mechanism** - meaning that if two or more learners have selected the same LPU at the same preference ranking and there are insufficient vacancies to accommodate all of them, places will be allocated by **random ballot**.

Learners who do not receive their top choice will be considered for their next available preference in order.

Posting Results

- Allocation will be confirmed around **5pm on the Friday of the first week of the semester.**
- Please check and print your timetable to view the LPU that have been allocated to you.
- If there is any discrepancy in your LPU timetable, please inform your Personal Mentor or Course Manager.

5. Dates of LPU Selection Exercise

LPU Selection Exercise Schedule

Activity	When
Start of Exercise	Tuesday, 20 Oct 2026, 11am
End of Exercise	Thursday, 22 Oct 2026, 11am

- You can log into LEXIS anytime during the exercise to select your preferred learning units.
- Please ensure that you submit your selection before the end of the exercise.
- Learners who did not participate in the selection exercise will be allocated any learning units with remaining vacancies after the main posting exercise.

- For more information on the LPUs, please visit the LPU Microsite at:
<https://mynypoportal.nyp.edu.sg/en/lpu.html>



Home | Year 1 | Year 2 | Year 3 | Contact

CALLING YEAR 1 STUDENTS (AY2026 S1)

Fitness for Life (FFL) and LPU Selection Exercise is happening for ALL Year 1 students starting 21 Apr 2026 (Tue). Please refer to the student portal for more information.



LifePro Units

To provide an all-rounded educational experience, the polytechnic offers LifePro Units (LPUs). This means that besides taking diploma learning units related to your chosen area of discipline, you will have the opportunity to be exposed to areas beyond your field of study. Through a combination of prescribed and elective LPUs, you will gain interesting, practical knowledge and level up your life skills competencies. These can be beneficial to you as you prepare for the world of work and life after graduation.

6. Key Takeaways

Key Takeaways

Here is quick summary of what you need to remember.

- You must submit **all 9 choices in descending order of preference** - do not leave any choices blank. Your selection is only confirmed once it has been saved and submitted in the system.
- The selection window opens on Tuesday, 20 Oct 2026 at 11am and closes on Thursday, 22 Oct 2026 at 11am. You may update your choices any time within this window, but all selections are final once the exercise closes.
- Allocation is based on your order of preference and the availability of places. **Oversubscribed LPUs are subject to balloting, so there is no guarantee you will receive your top choice.** Learners who do not participate in the selection exercise will be assigned any remaining vacancies after the main posting.
- Posting results will be available at 5pm on the Friday of Week 1. Check your timetable on the myNYP Portal to confirm your allocated LPU. If there is any discrepancy, contact your Personal Mentor or Course Manager promptly.

Thank You