

Fitness for Life (FFL) Selection Step-By-Step Guide

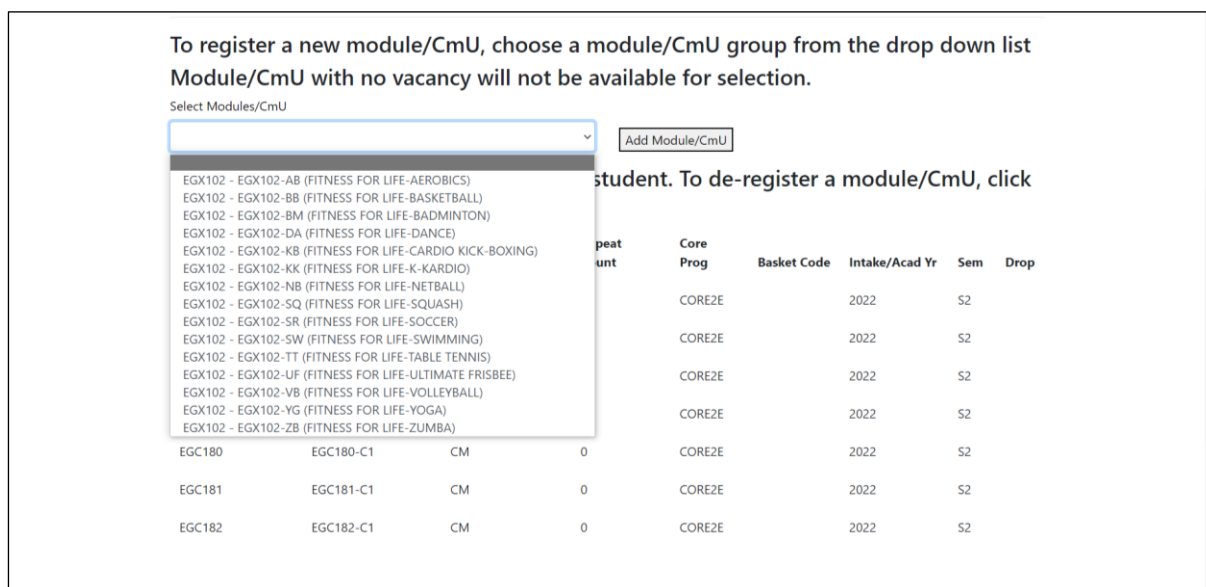
1. Log into student portal – myNYP Portal (<https://mynypportal.nyp.edu.sg>) – using:
 - Log-in ID: Your NYP email address
 - PW: Your Password

The screenshot shows the myNYP Portal homepage. At the top right, the 'Login' button is highlighted with a red box. Below the navigation bar is a banner for Statista, followed by a 'POPULAR SERVICES' section with buttons for Blackboard, NYP Email, and Student Life Academy. An 'AskNYP' chatbot icon is on the right.

2. Once you are logged into the Student Portal, go to Academic Services -> Modules/Competency Units and Electives -> Register Modules/Competency Units.

The screenshot shows the myNYP Portal 'Modules/Competency Units and Electives' page. The 'Modules/Competency Units and Electives' menu item in the left sidebar is highlighted with a red box. The main content area shows a 'Register Modules/Competency Units' button, which is also highlighted with a red box. A 'GS Selection Module/Competency Unit' button is crossed out with a large red X.

3. You will see the list of Sports & Wellness Activities available for your selection in the following screen:



4. The latest list of activity options is summarized below for your reference:

No.	Activity	Module Group Code
1	Aerobics	AB
2	Badminton	BM
3	Basketball	BB
4	Cardio Kickboxing	KB
5	Dance	DA
6	K-Kardio	KK
7	Netball	NB
8	Soccer	SR
9	Swimming	SW
10	Table Tennis	TT
11	Ultimate Frisbee	UF
12	Volleyball	VB
13	Yoga	YG
14	Zumba	ZB
15	Indoor Activities*	ZZ

*This activity is not available for selection. Learners who have valid medical/other reasons and who wish to be excluded from the other sport/wellness activities need to provide supporting documents to their PEMs and School FFL Module Leader. Learners will then be registered by their school into **Indoor Activities**.


- Upon clicking on the [Add Module/CmU] button, the system will show this message:




- You should be able to view the FFL activity you registered for. If you wish to change your selected activity, use the drop-down list to select another activity during the registration period. After that, save your changes using the [Accept Module/CmU Group Changes] button.

Modules/CmU currently registered by the student. To de-register a module/CmU, click on the button in the Drop Column.

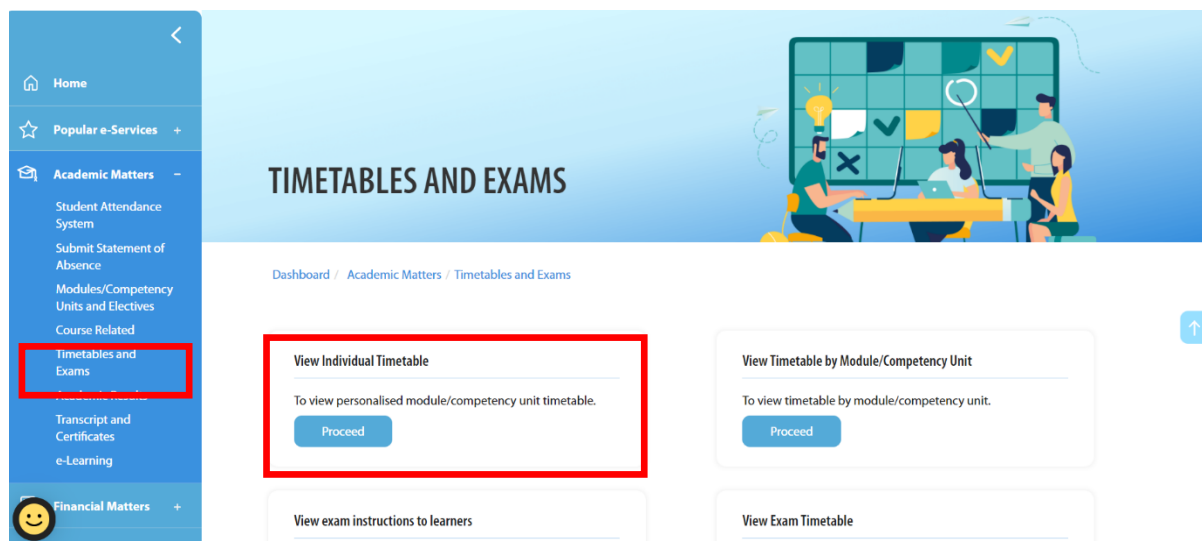
Module/CmU Code	Module/CmU Group	Module/CmU Type	Repeat Count	Core Prog	Basket Code	Intake/Acad Yr	Sem	Drop
EGC155	EGC155-C1	CM	0	CORE2E		2022	S2	
EGC170	EGC170-C1	CM	0	CORE2E		2022	S2	
EGC171	EGC171-C1	CM	0	CORE2E		2022	S2	
EGC177	EGC177-C1	CM	0	CORE2E		2022	S2	
EGC180	EGC180-C1	CM	0	CORE2E		2022	S2	
EGC181	EGC181-C1	CM	0	CORE2E		2022	S2	
EGC182	EGC182-C1	CM	0	CORE2E		2022	S2	
EGX102	EGX102-BM-BADMINTON	CE	0		GS_YR1	2022	S2	=



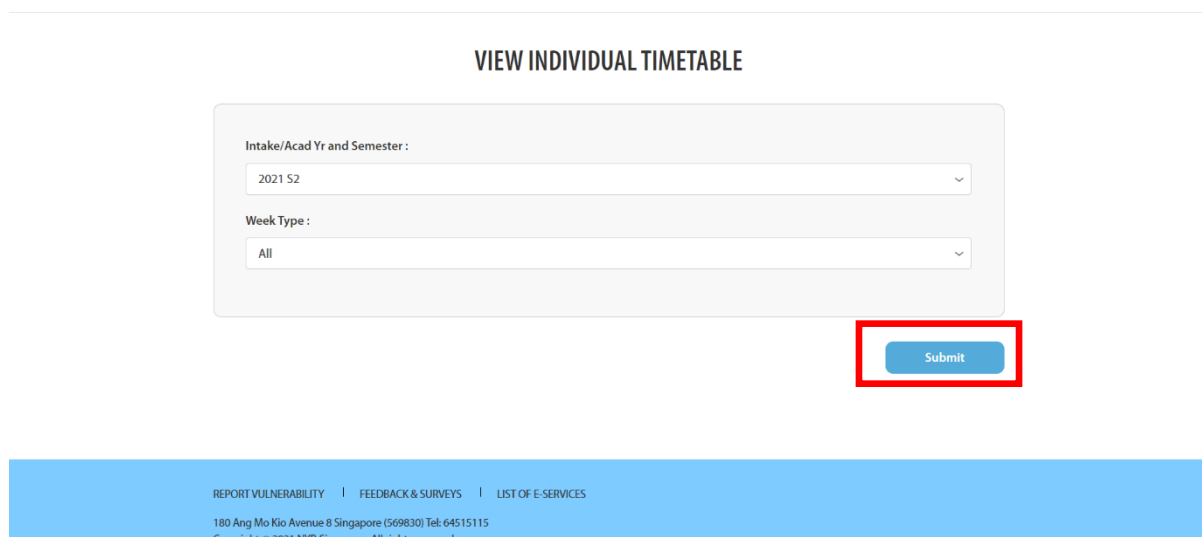


If you make any changes to the module/CmU group, click the [Accept Module/CmU Group Changes] button to save changes.

- Click [Exit] to move back to the main page in student portal.
- Please note that selection of FFL activities is done on a **First-come, First-served** basis. Once all the places for a particular activity have been taken up, that activity will no longer be shown in the drop-down list.
- You can check your timetable to view the FFL activity that you have registered for. To view your timetable, go to the student portal and select **Academic Matters -> Timetables and Exams -> View Individual Timetable**.



10. Enter the Intake/Acad Yr & Semester for enquiry. Click [Submit] button to proceed.



11. You should be able to see the FFL activity selected in your timetable.

***** End of Guide *****